Cole Demas
Leadership & Mentoring Consultant

Leadership Event Overview

Be the One: Leadership People Can Grow Under

Give your managers a useful next step for the conversations they have every day. This session explores how respect, clear expectations, and room to take ownership can help people grow at work.

For manager retreats, company events, and leadership development gatherings. Designed for new managers, experienced leaders, and people preparing to lead.

What your people will work on

Respect at every level. Give direct feedback without diminishing the person. Ask what happened before drawing conclusions.

Explain why and build ownership. Connect the work to its purpose, define a useful result, and clarify which decisions people can make.

Confidence and boundaries. Set expectations, address obstacles, and follow through while keeping workload and support in view.

Participants use a one-page worksheet to choose one leadership habit, identify a specific action, and set a date to follow through.

Choose a format

30 minutes: a 25-minute talk and 5 minutes of Q&A.
45 minutes: a 35-minute talk and 10 minutes of Q&A, with more room for application and discussion.

Both include one planning call, preparation tailored to your audience and goals, and a participant takeaway. Interactive workshops and retreat facilitation are scoped and quoted separately.

Meet Cole

I have experienced how much a manager can help or hold someone back. I built my career across industries without a college degree and found mentors who helped me grow. More than a decade in construction testing and quality assurance, including management responsibilities, shapes how I teach leadership: be accessible, explain the why, and respect every role.

Start planning your event

Send your preferred date, location, audience size, and the challenge you want to address. I will reach out to discuss the right fit.

Travel, lodging, additional sessions, and extensive customization are quoted separately. Your written quote confirms the scope, agreed expenses, applicable sales tax, and total before booking. An inquiry does not reserve a date.

coledemas@coledemasconsulting.com
www.coledemasconsulting.com | Event rates