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Leadership Practice Worksheet

Be the One: Leadership People Can Grow Under

Choose one everyday leadership habit to practice. Keep this page for yourself and share only what you choose.

Name _____ Date _____

Three reminders

Respect at every level. Describe the gap, listen, and agree on a next step.

Explain why and build ownership. Clarify the purpose, outcome, and room to decide.

Confidence and boundaries. Set expectations, offer support, and follow through.

One habit I will change

What do I currently do, and what will I do instead?

_____

_____

Why this matters

Who is affected, and what would be more useful about my new approach?

_____

_____

My next action

In which specific conversation or situation will I practice it?

_____

_____

I will take this action by _____

I will check my progress with _____

We will follow up on _____

Use these questions to make your action specific

What would someone see or hear me do differently? What might get in the way, and what support or decision do I need? At the follow-up, what will I keep, adjust, or try again?

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