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Leadership & Mentoring Consultant

Sample Leadership Event Agendas

Be the One: Leadership People Can Grow Under

Use these sample agendas to choose a format for your event. Both include reflection, a participant worksheet, and Q&A within the total session time. We confirm the emphasis and examples during your planning call.

Session timing

Times below are elapsed minutes from the start of the session.

Segment	30-minute session	45-minute session
Opening	0:00-3:00	0:00-4:00
Respect at every level	3:00-8:00	4:00-11:00
Explain why and build ownership	8:00-13:00	11:00-18:00
Confidence and boundaries	13:00-19:00	18:00-26:00
Reflection and commitment	19:00-23:00	26:00-32:00
Closing	23:00-25:00	32:00-35:00
Q&A	25:00-30:00	35:00-45:00

Choose the right amount of time

30 minutes offers a focused introduction and one written action to take back to work. The talk, including reflection, runs for 25 minutes before Q&A.

45 minutes adds room for examples, brief application, and optional discussion. The talk, including reflection, runs for 35 minutes before Q&A.

Make it relevant to your team

Tell me where your managers are getting stuck: giving feedback, explaining expectations, sharing responsibility, or setting boundaries. We will agree on the focus before the event.

For a longer working session or retreat facilitation, request a custom workshop quote. Workshop scope and timing are agreed separately.

Discuss your event

Share your preferred date, location, audience size, and goals. I will reach out to plan the next step; dates are confirmed individually.

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